

2025

IMPACT REPORT

apda AMERICAN PARKINSON DISEASE ASSOCIATION
MISSOURI CHAPTER
Strength in optimism. Hope in progress.

About APDA Missouri Chapter

APDA Missouri serves people impacted by Parkinson's living in Missouri and Central/Southern Illinois by providing education, support, exercise, information, and more, helping individuals and families live life to the fullest. We promote hope and optimism through innovative services and programs that empower people with Parkinson's and their care partners, while working toward a world without Parkinson disease.

Midwest Parkinson's Conference



629

registrants learned the most up-to-date knowledge, treatment options, and resources relating to Parkinson's.

MISSOURI OPTIMISM WALK

878 participants
\$270,000+ raised



SOUTHERN ILLINOIS OPTIMISM WALK

111 participants
\$25,000+ raised



BY THE NUMBERS

8500+

individuals received a newsletter/e-newsletter, enrolled in at least one program, and/or received a referral.

769 new program participants

37

monthly support groups with **488** participants

46% increase in attendance of education programs since 2022.

66

weekly exercise classes across 30 locations with over **500** participants

97% of conference attendees

reported gaining valuable knowledge to help manage Parkinson disease.

15X
engagement

The rural outreach initiative reached approximately **325** healthcare providers, a 15x increase since 2022.

GOLF CLASSIC
\$115,000+ raised



Funds raised directly support programs and services benefiting people impacted by Parkinson's.

WAYS TO GIVE

Individual Giving
DAFs, Memorials, Monthly Gifts
Volunteer
Planned Giving
Fundraising Events
Corporate Matching
Optimism Circle
Create Your Own Fundraiser

Questions about how to give?
Contact Michelle Bolk, Director of Development, at (636)778-3378 or mbolk@apdaparkinson.org.

