

2025

# IMPACT REPORT

**apda** AMERICAN  
PARKINSON DISEASE  
ASSOCIATION  
MISSOURI CHAPTER  
Strength in optimism. Hope in progress.

## About APDA Missouri Chapter

*APDA Missouri serves people impacted by Parkinson's living in Missouri and Central/Southern Illinois by providing education, support, exercise, information, and more, helping individuals and families live life to the fullest. We promote hope and optimism through innovative services and programs that empower people with Parkinson's and their care partners, while working toward a world without Parkinson disease.*

## Midwest Parkinson's Conference



**629**

registrants learned the most up-to-date knowledge, treatment options, and resources relating to Parkinson's.

## BY THE NUMBERS

**8500+**

individuals received a newsletter/e-newsletter, enrolled in at least one program, and/or received a referral.

**769**

new program participants

**46%**



increase in attendance of education programs since 2022.

**97%**

of conference attendees

reported gaining valuable knowledge to help manage Parkinson disease.

**15x**

**engagement**

The rural outreach initiative reached approximately **325** healthcare providers, a 15x increase since 2022.

**37**

monthly support groups with **488** participants

**66**

weekly exercise classes across 30 locations with over **500** participants

**Participation in support groups & exercise classes has more than doubled since 2023!**

### MISSOURI OPTIMISM WALK

878 participants  
\$270,000+ raised



### SOUTHERN ILLINOIS OPTIMISM WALK

111 participants  
\$25,000+ raised



### GOLF CLASSIC

\$115,000+ raised



Funds raised directly support programs and services benefiting people impacted by Parkinson's.

## WAYS TO GIVE

Individual Giving  
DAFs, Memorials, Monthly Gifts  
Volunteer  
Planned Giving  
Fundraising Events  
Corporate Matching  
Optimism Circle  
Create Your Own Fundraiser

Questions about how to give?  
Contact Michelle Bolk, Director of Development, at (636)778-3378 or [mbolk@apdaparkinson.org](mailto:mbolk@apdaparkinson.org).

