



APDA
Care Partner
Connection™

A FREE eight-week support program for care partners of people with Parkinson's disease (PD), offering a space to connect, share, and learn.

**Are you a care partner to a family member or friend with PD?
Do you find yourself...**

- Having many questions about the practical concerns of caregiving?
- Experiencing worries or uncertainty about planning for the future?
- Coping with emotions like stress, anxiety, and grief?
- Noticing changing roles in your relationship?

**Wednesdays
September 3 -
October 22
10:00 - 11:30 AM**

**A virtual program
(via Zoom)**

If so, the American Parkinson Disease Association's (APDA) specialized eight-week program for care partners might be a good fit for you.

APDA Care Partner Connection offers the opportunity to connect with other care partners for emotional support and sharing. The group also provides education about planning for the future and practical resources. This group was designed for care partners who are looking for a space to share their feelings and learn more about PD caregiving considerations.

Facilitated by Brandi Ivey, M.Ed, CPPN.

 **Parkinson's Care Clinic**

Space is limited and registration is required.

To register, please contact Brandi Ivey, M.Ed, CPPN, at brandimasonivey@gmail.com or call 256-541-6717.

Please commit to attending all eight sessions.

 **AMERICAN
PARKINSON DISEASE
ASSOCIATION**
Strength in optimism. Hope in progress.

Get in Touch
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800-223-2732
apdaparkinson.org