

Parkinson's Good Start Program



Wednesdays, October 18 & 25, 2023
6 - 8 PM

Boston University Sargent College
635 Commonwealth Avenue
Boston, MA 02215

The Good Start Program is a two part series presented by a team of Parkinson's disease specialists from Boston University and Boston University Medical Center. Participants will receive up-to-date information on diagnosis and treatment, as well as community resources to assist in PD management.

There is no cost for this program, which is open to individuals diagnosed with Parkinson's three or fewer years ago, along with a care partner or family member.

Day 1 - Wednesday, October 18, 6 - 8 PM

Welcome & Program Overview - Cathi A. Thomas, RN, MS

What is Parkinson's Disease? Diagnosis, Symptoms, & Treatment Strategies -

Ludy Shih, MD, MMSc

The Role of Rehabilitation and Exercise - Terry Ellis, PhD, PT

Day 2 - Wednesday, October 25, 6 - 8 PM

Introduction to the Healthcare Team:

Physical Therapy, Occupational Therapy, Speech & Language Therapy, Nutrition, Nursing/Social Services, and Community Resources

Medication Management - Marie Saint-Hilaire, MD, FRCPC

Questions? Contact the APDA I & R Center at 800-651-8466 or apdama@apdaparkinson.org

Register Online at apdama.salsalabs.org/GoodStartBoston2023

Register:

