

Get Amped and Active!

Join us in innovating Community-based Walking Programs for Parkinson Disease

The Team of Physical Therapists and Researchers at the **Center for Neurorehabilitation** at **Boston University** are developing new community-based walking programs designed to help people with Parkinson disease engage in routine walking, get more active and improve walking health.

We are looking for individuals who:

- Are 40 - 80 years of age
- Have been diagnosed with Parkinson Disease
- Able to walk without assistance or an assistive device
- Do not have any other medical conditions that interfere with ability to walk

This research study will involve three visits to Boston University to assess your Parkinson's symptoms and your walking ability before and after training. You will participate in the walking program in your home or community over the course of 6-8 weeks. You may be asked to perform the walking program while listening to music.

You will receive up to \$150 for evaluations. Compensation for travel expenses is available.

To participate, contact Jenna Zajac PT, DPT

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For more information about our research, visit: <https://www.bu.edu/neurorehab/>

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