



Individuals living with Parkinson's disease are invited to join the Cape Symphony's **FREE** singing group, Sing for Joy, designed to help maintain vocal strength, build community through singing, and experience hope – and joy – through music. Family members, friends, and caregivers are welcome.

Sing for Joy is led by Maggi Bossi, former director of the Chatham Chorale.

Sing for Joy is funded by a grant from the Parkinson Support Network of Cape Cod/American Parkinson Disease Association.

There is **no tuition** for this class and drop-ins are welcome.

Sing for Joy meets at the Barnstable Adult Community Center
825 Falmouth Rd, Hyannis, MA.

CLASS SCHEDULE

Mondays from 10:30 AM to 11:30 AM

TO REGISTER:

visit <https://www.capesymphony.org/education/classes/music>

or call 508.362.2772

or email mtheodore@capesymphony.org