



## University of Connecticut

Department of Kinesiology, Program in Physical Therapy

### **Participants Wanted for a Research Study Examining the exercise and physical activity needs and values of people with Parkinson's disease from Hispanic/Latinx populations**

Our goal is to improve the lives of individuals living with Parkinson's disease who identify as Hispanic/LatinX through the combination of exercise, support, and technology.

We are looking for people with Parkinson's disease who identify as Hispanic/LatinX to participate in a discussion that will be held virtually or in-person. Participants will be asked questions about their beliefs, values, and needs for exercise in a group session. The duration of the group session will be 1-2 hours. Participants can select if they would like to participate in a conversation in English or Spanish.

Participants will not benefit from this research. However, they may help others with Parkinson's disease to adopt and sustain exercise to better manage their disease.

Participants can select whether they want to participate in person or through a virtual conference meeting. In-person sessions will take place at the Hispanic Alliance of Southeastern Connecticut, 184 State St., New London, CT.

**A \$50 gift card will be provided to participants after the completion of the research study.**

To learn more about this research, contact Cristina Colón-Semenza at [cristina.colon-semenza@uconn.edu](mailto:cristina.colon-semenza@uconn.edu) or 860-486-0019. This research is conducted under the direction of Cristina Colon-Semenza, University of Connecticut