

Strength in optimism. Hope in progress.

## Mashpee Support Group

## 2021 VIRTUAL SESSIONS

The Mashpee Support Group is currently meeting via Zoom! Join Jeanne Jackson and fellow Parkinson's community members for these support sessions with an educational component. See information on speakers below.

## Speakers, June - November 2021:

June 10th -Ludy Shih, MD, MMSc, Boston University Medical Center – DBS Director Update on Deep Brain Stimulation for Parkinson's Disease July 8th - Janine Annis-Young, SLP, Spaulding Rehabilitation Hospital Cape Cod -Speech and Cognition in PD August 12th - John Allen, PhD, Spaulding Rehabilitation Hospital Cape Cod -Healthy Mindset for Parkinson's September 9th - Craig Bautz, Spaulding Rehabilitation Hospital Cape Cod -Meditation and Sound Therapy October 14th - Kathleen Buzzeo, PT, Spaulding Rehabilitation Hospital Cape Cod -Strengthening the Core to Support Posture November 11th - Danielle Nardi, PT, Spaulding Rehabilitation Hospital Cape Cod -Focusing on Yoga

This group is designed for people with Parkinson's and care partners and is facilitated by Jeanne Jackson. **Registration is required.** Contact Jeanne to join the group and receive Zoom information.

Dates & Times: 2nd Thursday of the Month; 10:00 - 11:30 AM Location: Home Computer - Via Zoom Contact: Jeanne Jackson, 508-367-4267 or jahjackson@comcast.net