

# VIRTUAL PARKINSON'S GOOD START PROGRAM



The Good Start Program is a two-part series presented virtually by a team of Parkinson's disease specialists from the Center for Neurorehabilitation, Sargent College at Boston University and the APDA Center for Advanced Research and APDA Information & Referral Center at Boston University Medical Center.

There is no cost for this program. This program is designed for individuals diagnosed with PD within the past three years. The presentation will be held via Zoom.

Wednesdays, May 12  
& 19, 2021

6 - 8 PM

Program will be  
provided via Zoom



EXCEPTIONAL CARE. WITHOUT EXCEPTION.



MASSACHUSETTS CHAPTER

Strength in optimism. Hope in progress.

## Session One Wednesday, May 12

### Welcome and Program Overview

Cathi A. Thomas, MS, RN

### What is Parkinson's Disease?

Ludy Shih, MD

### The Role of Rehabilitation/Exercise

Terry Ellis, PT, PhD

## Session Two Wednesday, May 19

### Welcoming Remarks

Tami DeAngelis, PT, DPT

### Introduction to the Healthcare Team

Teresa Baker, PT, DPT  
Rachel Reynolds, MS, RDN, LDN  
Rachael Kammer, MS, CCC-  
SLP, BCS-S

### Medication Management

Katelyn Bird, MD

Register:

800-651-8466 or [apdama@apdaparkinson.org](mailto:apdama@apdaparkinson.org)