



Wellness in Motion

This program will provide you with the opportunity to learn about the many exercise, music, support and movement programs for individuals with Parkinson's.

Mashpee Senior Center

26 Frank E. Hicks Drive | Mashpee, MA 02649

Friday, November 2, 2018

11:00 AM—12:30 PM | Seating begins at 10:30 AM

This program is designed for Individuals with Parkinson's and interested community members.

Reservations are required for this event. **To RSVP**, contact the American Parkinson Disease Association Information & Referral Center at 800-651-8466 or apdama@apdaparkinson.org.



Parkinson Support Network of Cape Cod

A Branch of the American Parkinson Disease Association MA Chapter

apdama.org | 800 651-8466 | apdama@apdaparkinson.org

To learn more about the Parkinson Support Network of Cape Cod, visit **ParkinsonCapeCod.org**.